

# Moving Upstream: Mapping Interventions to Prevent Harms from Substance Use Along the Prevention River

Category: Poster Presentation (in person)

## Abstract Body

This report uses the analogy of a river to describe the continuum of prevention, from upstream interventions that create the conditions for health and wellness (e.g., health public policy), through downstream care services that prevent severe outcomes, including hospitalization and death (e.g., substitute prescribing). At all levels of prevention, a harm reduction approach uses compassion and understanding to keep people as safe as possible, while respecting human rights and dignity.

## Key Words

- Equity, Diversity, Inclusion issues
- Prevention/Harm Reduction
- Sociocultural Factors

## Learning Objective # 1

At the end of the presentation, attendees should be able to classify interventions for substance use by level of prevention.

## Learning Objective # 2

At the end of the presentation, attendees should be able to ascertain whether there are interventions missing from upstream prevention levels in their communities

## Reference # 1

A Case For Refocusing Upstream: The Political Economy of Illness. McKinlay, John B. s.l. : IAPHS Occasional Classics, 2019, Vol. 1, pp. 1-10.

## Reference # 2

Perspective: Iceland Succeeds at Preventing Teenage Substance Use. Jonsson, G.K. and Milkman, H. s.l. : Future Governments, 2019, Vol. 6, pp. 315-324.

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