

Supporting best practices for concurrent disorders : development of an expertise and collaboration center in Quebec

Category: Symposium Overview

Abstract Body

More than a simple addition of mental health and substance use disorders, concurrent disorders (CDs) have a multifaceted impact on the health, socio-economic situation and access to care of people living with such conditions. Adding to this burden is the fact that the health care system has long been suboptimal in its ability to provide adapted and evidence-based care for CDs, most often providing interventions for mental health and substance use disorders in silo. In many jurisdictions, a number of initiatives have been initiated to promote integrated care for CDs. This symposium aims to present and discuss the development of an expertise and collaboration center in Quebec, aiming at supporting a better response to the needs of people living with CDs. Presentations will provide an overview of the challenges in providing optimal care for CDs, as well as the process leading to developing an expertise and collaboration center. Key support modalities at the clinician and organization levels will be presented as well as some indicators of their impact. Finally, unmet needs and future development will be discussed.

Key Words

- Concurrent Disorders
- Medical Co-Morbidities
- Quality Improvement

Learning Objective # 1

Recognize the key challenges in implementing integrated care for concurrent disorders

Learning Objective # 2

Examine examples of initiatives to support integrated care for people with concurrent disorders

Reference # 1

Jegede, O., Rhee, T. G., Stefanovics, E. A., Zhou, B., & Rosenheck, R. A. (2022). Rates and correlates of dual diagnosis among adults with psychiatric and substance use disorders in a nationally representative U.S sample. *Psychiatry Research*, 315, 114720. <https://doi.org/10.1016/j.psychres.2022.114720>

Reference # 2

<https://www150.statcan.gc.ca/n1/pub/82-003-x/2017008/article/54853-eng.pdf>

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