

Implementing Measurement-based Care Practices within Inpatient Substance Use and Concurrent Disorder Treatment Programs at Homewood Health Centre

Category: Symposium Presentation

Abstract Body

Measurement based care has been part of clinical care programs for many years and offers many benefits to clients, clinicians, and administrators. In this presentation, we will report findings from a phased approach to implementing MBC within inpatient SU and CD treatment programs at Homewood Health Centre in Guelph, Ontario. These include the Addiction Medicine Program (AMP), the Mood and Anxiety Concurrent Program (MACP), and the Traumatic Stress Injury & Concurrent Program (TSICP). In particular, the presentation will highlight common MBC tools and practices embedded within each program, as well as necessary adaptations made to fit each unique program context. We will also highlight key insights derived from these data, including common comorbidities, potentially modifiable treatment targets, and treatment outcomes. Moreover, we will discuss how these insights have informed improvements to clinical practices within or across programs, as well as provided contributions to the field more broadly by way of applied research and evaluation studies.

Key Words

- Concurrent Disorders
- Substance Use Disorder (general)
- Treatment Models/Programs

Learning Objective # 1

To learn about the adoption and implementation of a measurement-based care system across an inpatient treatment center.

Learning Objective # 2

Review how data from this system can influence research and clinical programming

Reference # 1

Lewis CC, Boyd M, Puspitasari A, Navarro E, Howard J, Kassab H, et al. Implementing measurement-based care in behavioral health: a review. *JAMA Psychiatry*. 2019;76(3):324-335.

Reference # 2

Levitt EE, Sousa S, Costello MJ, LaBelle, OP, Rush B, & MacKillop, J. The Clinical Relevance of Impulsivity in Substance Use Disorder Treatment: Examining Within-treatment Changes and Relationship to Psychiatric Symptoms and Cravings in a Large Inpatient Sample. Journal of Studies on Alcohol and Drugs (just accepted).

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