

Psychedelic assisted therapy: reconciling Indigenous and Western medicine for a new way of healing substance use disorders.

Category: TED-Style Presentation

Abstract Body

Trauma can cause disconnection from oneself and nature, leading to physical and mental illness. One common consequence of this disconnection is substance use disorders. Psychedelic-assisted therapies show promise in helping individuals process trauma and rediscover and reestablish this connection. By drawing on indigenous practices, decades of research, and modern psychotherapeutic techniques, this treatment has the potential to be a groundbreaking approach for addiction medicine. In this session, we will explore the intersection of history, science, ethics, and culture of psychedelic therapy and its potential to transform the path of healing for your patients. Join us to learn more about this exciting area of research.

Key Words

- Pharmacology/Toxicology
- Psychadelics/Hallucinogens
- Recovery
- Trauma
- Treatment Models/Programs

Learning Objective # 1

The participant will develop a basic understanding of the field of psychedelic medicine: the history of psychedelic compounds, medicines, and psychotherapy.

Learning Objective # 2

The participant will develop knowledge of clinical evidence and real-world data on psychedelic-assisted psychotherapy for substance use disorders

Reference # 1

Percentage of Heavy Drinking Days Following Psilocybin-Assisted Psychotherapy vs Placebo in the Treatment of Adult Patients With Alcohol Use Disorder: A Randomized Clinical Trial; JAMA Psychiatry . 2022 Oct 1;79(10):953-962

Reference # 2

Efficacy of Ketamine in the Treatment of Substance Use Disorders: A Systematic Review; Front Psychiatry .

2018 Jul 24;9:277. doi: 10.3389/fpsyt.2018.00277

Lead Author

Dr. Monique Moller

Physician | University Health Network