

Development of a provincial support center to improve access to optimal care for concurrent disorders in Quebec

Category: Symposium Presentation

Abstract Body

Concurrent disorders (CDs) are frequent and carry a significant burden for people living with such conditions, and their family. Many challenges complicate the implementation of integrated and adapted models of care for CDs. In Quebec and elsewhere, the health care system has long been designed to manage mental health and substance use disorders in silo. In 2016, extensive consultations in Quebec highlighted the need for an accelerated effort to promote evidence-based interventions and service organizations for CDs, requiring proactive and diverse support modalities for clinicians and organizations while integrating people with lived and living experience. The Expertise and Collaboration Centre for Concurrent Disorders (CECTC) was developed to support professionals and organizations across Quebec in the implementation of sustainable integrated care and services adapted to the needs of people with CDs. This presentation will describe key challenges pertaining to the interventions and service organizations for CDs, high level strategies to address such challenges as well as the development process leading to the launch of the CECTC. The overarching approach of the CECTC, an overview of its support modalities and services, as well as unmet needs and future directions will also be discussed.

Key Words

- Concurrent Disorders
- Medical Co-Morbidities
- Quality Improvement

Learning Objective # 1

Summarize the main challenges in providing care for people with concurrent disorders

Learning Objective # 2

Outline key strategies to support evidence-based practices for concurrent disorders

Reference # 1

Wiktorowicz M, Abdulle A, Di Pierdomenico K, Boamah SA. Models of Concurrent Disorder Service: Policy, Coordination, and Access to Care. *Front Psychiatry*. 2019 Feb 19;10:61. doi: 10.3389/fpsy.2019.00061.

Reference # 2

Karapareddy V. A Review of Integrated Care for Concurrent Disorders: Cost Effectiveness and Clinical Outcomes. *J Dual Diagn*. 2019 Jan-Mar;15(1):56-66. doi: 10.1080/15504263.2018.1518553.

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