

Finding My Voice: Empowering Patient Perspectives: Enhancing the Value of Lived Experience in Medical Conversations

Category: TED-Style Presentation

Abstract Body

Title:

Finding My Voice: Enhancing the Value of Lived Experience in Medical Conversations

Abstract:

In this stirring discourse, Jean-Paul Michael, an Addiction Case Manager with a rich history of personal recovery and professional dedication, embarks on a candid exploration of the Safe Supply initiative through uncharted narratives from the frontline. The talk unfolds Jean-Paul's personal and professional odyssey through the nuanced tapestry of addiction medicine, spotlighting real-world encounters that challenge traditional paradigms while illuminating the complex ethical terrain navigated daily in the quest for harm reduction. Engaging with riveting patient stories and unvarnished insights, Jean-Paul invites the audience of addiction physicians into a deeper dialogue on Safe Supply, urging a balanced, evidence-driven approach that transcends patient-led narratives yet remains rooted in compassionate, patient-centered care. Through the lens of firsthand experiences, the talk seeks to foster a nuanced understanding of Safe Supply, urging a collective endeavour to steer the narrative towards evidence-based practices that truly serve the afflicted and the community at large.

This session will focus on three key learning objectives:

1. Creation of safety: Discover how to establish a safe and inclusive environment that fosters open dialogue, trust, and collaboration between healthcare professionals and PWLLE.
2. Mentorship inside and outside the organization: Learn the importance of mentorship for PWLLE in addiction medicine and how to identify potential mentors both within and outside your healthcare organization.
3. Speaking and gathering feedback: Gain insights into effective communication strategies for PWLLE, as well as the value of seeking and incorporating feedback to strengthen your voice and enhance your contributions to the team.

By the end of this session, audience members will gain practical knowledge on how to successfully integrate

PWLLE into their healthcare teams and empower them to contribute effectively. Join me in this engaging and inspiring storytelling session, as we explore the power of lived experience in enriching medical conversations and enhancing patient care in addiction medicine. Together, we will learn how to harness the potential of diverse perspectives and create a more empathetic, compassionate, and effective healthcare environment.

Key Words

- Equity, Diversity, Inclusion issues
- Mutual Help/Peer Support/Lived Experience
- Prevention/Harm Reduction
- Stigma

Learning Objective # 1

1. Creation of safety: Discover how to establish a safe and inclusive environment that fosters open dialogue, trust, and collaboration between healthcare professionals and PWLLE.

Learning Objective # 2

2. Mentorship inside and outside the organization: Learn the importance of mentorship for PWLLE in addiction medicine and how to identify potential mentors both within and outside your healthcare organization.

Reference # 1

n/a

Reference # 2

n/a

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